**Course and Year:** Applied Psychology (IIIrd Year)

**Semester:** VIth Semester

**Taught individually or shared:** Shared

**Paper**: DSE: Youth Psychology (Theory)

**Faculty:** Dr. Namita Tayal

**No. of Classes (per week):** 2 (L)

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| **Resource list**  **UNIT 1:** Introduction   * Brown, B. B., R. Larson, & T. S. Saraswathi. (2002).The world's youth: Adolescence in eight regions of the globe. New York: Cambridge University Press. * Brew, J. Macalister (1957) Youth and Youth Groups, London: Faber and Faber. * Bronfenbrenner, U. (1979) The Ecology of Human Development: Experiments by Nature and Design, Cambridge: Harvard University Press.   **UNIT 2** Youth development and society   * Brooks, R. (2002) ‘Transitional friends? Young people’s strategies to manage and maintain their friendships during a period of repositioning’, Journal of Youth Studies, 5 (4): 449–67. * Erikson, E. H. (1968) Identity, Youth and Crisis, New York: Norton. * Furlong, A.( 2013 ) Youth Studies: An Introduction. Routledge, New Yourk. |
| **No of classes required to complete the unit (approx.):**   * Unit I: 15 classes * Unit II:15 Classes |
| **Sub topics to be covered and their order along with the respective time frames (if any)**  Unit 1:   * Defining youth (3 Classes) * Youth across cultures (3 classes) * Formulation of youth identity (5 classes) * Concerns and relevance of youth psychology (4 classes)   Unit 2:   * Youth development and society: Family friends and living arrangements: Dependency, family relations and transitions, family (5 classes) * friendship and romantic relationship, leaving home, marriage and cohabitation, family formation; (5 classes) * Youth culture & Life style: Gender, media (5 classes) |
| **Methodology of Teaching:**   * Readings stating recent statistics and cultural transformations * Studying culture changes by analysing movies from different era’s * Discussions on lived experiences of the students/ youth |
| **ASSESSMENT**   * Unit 1: End of Februrary * Unit 2: second week of April |
| **Criteria of Assessment:**   * Quality of Content * Knowledge * Presentation * Class participation * Regularity |

**Course and Year:** Applied Psychology (Ist Year)

**Semester:** IInd Semester

**Taught individually or shared:** Shared

**Paper**: Psychology at work (Theory)

**Faculty:** Dr. Namita Tayal

**No. of Classes (per week):** 2 (L)

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| **Resource list**  UNIT 1: Introduction to I/O Psychology   * Greenberg, J. & Baron, R.A. (2011). Behaviour in organizations. 10th Ed. India: Dorling Kindersley. * Kondalkar, V.G. (2007). Organizational behavior. New Delhi, Delhi:New Age International (P) Ltd.   UNIT 2: Motivation at workplace   * Robbins, S. P. & Judge, T.A. Organizational behavior. 12th Ed. New Delhi: Prentice Hall. * Aamodt, M. G., Surrette, M. A., & Cohen, D. (2010). Understanding statistics in I/O psychology and human resource management (2nd ed.). Belmont, CA: Wadsworth Publishing. * Locke, E. A., & Latham, G. P. (1990). A theory of goal setting and task performance. Englewood Cliff s, NJ: Prentice Hall. * Maslow, A. H. (1954; 1970). Motivation and personality. New York: Harper & Row. |
| **No of classes required to complete the unit (approx.):**   * Unit I: 15 Classes * Unit II: 15 classes |
| **Sub topics to be covered and their order along with the respective time frames (if any)**  Unit 1:   * Definition of I/O Psychology (2 classes) * Brief history (4 classes) * contributing disciplines of I/O psychology (4 classes) * Contemporary trends and challenges. (5 classes)   Unit 2:   * Definition of motivation at workplace (3 classes) * Motivational cycle (2 classes) * Extrinsic and intrinsic motivation (3 classes) * theories of motivation (7 Classes) |
| **Methodology of Teaching:**   * Business model analysis * Readings on applications of models of motivations * Case studies on Air India, Starbuck and other organizations |
| **ASSESSMENT**   * Unit 1: Mid of June * Unit 2: First week of August |
| **Criteria of Assessment:**   * Quality of Content * Knowledge * Presentation * Class participation * Regularity |

*\*During January -June 2022, practical classes assigned with third years included Geriatrics Psychology and Understanding psychological disorders, whereas with second years: Health Psychology.*